

Aaaaaaaahhhh ... It's Spa Week in 2007



cuts, custom coloring, permanent waves and relaxers, Japanese thermal re-conditioning straighteners, rehab for locks, hair extensions, waxing and make-up services. As a participant in Spa Week, guests can visit either location and take part in their referral program. Refer 1 friend and get \$5 off the next visit, refer 2 friends and get \$10 off the next visit, re-

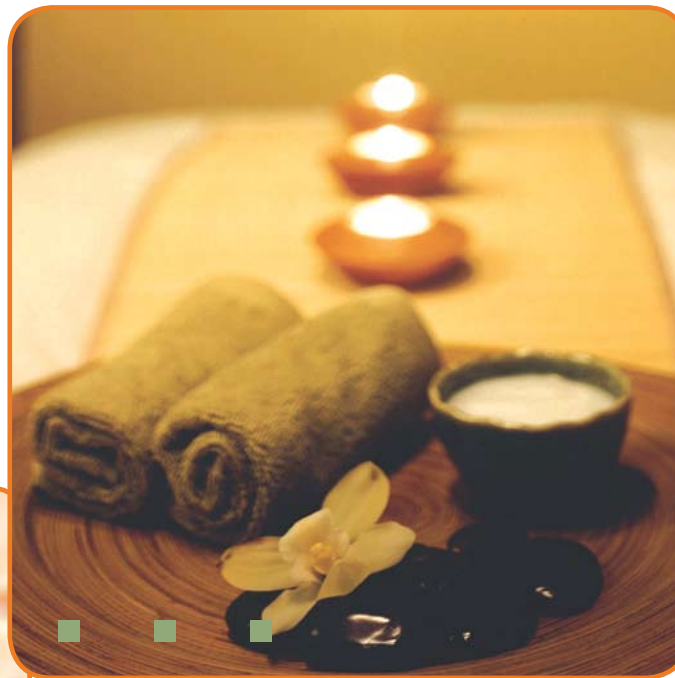
in the most basic beauty services including: hair styling, traditional barbering (including wet & dry shaves), cuts, perms, color & natural hair management to complete facials, therapeutic massage, hot stone treatments, body wraps, reflexology, aromatherapy, steam and whirlpool treatments, manicures, spa chair pedicures microdermabrasion, cellulite treatments and numerous other acts of pampering.

Cauble Center For Skin Care

130 Crogan Street, Lawrenceville, GA 30045; (770) 935-6010 www.caublecenter.com
Maintaining a great complexion and a blem-

stretch marks and cellulite. This spa also boasts that their training enables them to perform "the most advanced, state of the art, non-surgical techniques providing wonderful outcomes and ensuring our client

forting sound of fountain waters, spa goers are assured that the hard-sought serenity everyday life seems to lack is present inside Dobel. From the Desert Stone therapy (a practice that includes the use of heated, smooth stones), to deep tissue, Shiatsu and reflexology massages aimed to relax every muscle, clients will re-enter the fast-paced world smiling and more importantly, relieved. Be certain to consider a selection from the extensive list of facial and body treatments, including the rose petal signature facial, the Italian "fango" mud treatment or the French



safety at all times."

When it comes to treating numerous skin problems or simple maintenance, the Cauble Center should be one of the top considerations on the list.

Dobel Salon and Spa

3365 Piedmont Road #1250, Atlanta, GA 30305; (404) 264-1007 www.dobelsalon.com

While most spas go out of their

honey almond body treatment.

Scarlett's Retreat

22 Jonesboro Street, McDonough, GA 30253; (678) 432-7474 www.scarlettsretreat.com

Scarlett's Retreat emphasizes spiritual and physical wellness. This spa takes pride in presenting an atmosphere that eases everyday tension and provides numerous therapies and products geared toward enhancing the health and spirit of all guests. "We believe that education, practical thinking and integrity provide the foundation for health," says one representative.

After a consultation of their services, Scarlett's Retreat will accommodate clients with a talented staff of "multi-disciplined" certified

massage therapists who practice globally renowned techniques including Shiatsu, Neuro-Muscular, Deep Tissue and Swedish massages. Spa goers should definitely consider taking a load off and indulging one of the many therapies this location offers.



fer 3 friends and get a free haircut.

With two Atlanta locations in historic Oakhurst Village (350 Mead Rd. Suite C, Decatur, GA 30030) and Grant Park (452-A Cherokee Ave. Atlanta, GA 30312), spa goers can expect a one-of-a kind experience no matter what location they choose.

Bellogique Salon & Spa

670 10th Street NW, Atlanta, GA 30318 www.bellogique.com

"We are your ultimate mid-city escape," is the slogan for the upscale Bellogique Salon & Spa. This award-winning spa is ideal for the movers and shakers who find it difficult to indulge in beautification, grooming or simple relaxing.

Bellogique's clientele indulge

ish-free body are one of the greatest challenges for everyone. Cheney Davis, owner and operator of The Cauble Center, takes skin care seriously. A board-certified Nurse Practitioner and 20-year veteran in the practice, Cheney uses her wealth of knowledge and experience to direct a staff that is nurse practitioner-driven with clinical support from registered nurses.

The Cauble Center is known for Carbossi, or CDT therapy, an innovative method of treating fat,



way to promote a soothing and calm atmosphere, the front of the chic Dobel Salon and Spa takes a different direction with a more lively, energetic and contemporary vibe – until visitors pass through glass doors leading to the serene waiting area. From the new age music to the com-

With the demands of everyday life for millions of workers, parents, students and others, the opportunity to simply relax and be pampered is seemingly one of the most difficult feats to accomplish. Well, with the nation's bi-annual Spa Week approaching during October 15th through the 21st, over 300 spas especially along the East Coast will be offering numerous discounts, special wellness treatments and other services to educate consumers on how to truly relax and better their lifestyle.

From exotic massage techniques mastered throughout the world to detoxifying and oxygen face and body treatments, *The Atlanta Voice* has taken the time to feature a few of the many participating spas throughout the city that are going out of their way to make sure their guests will have a memorable, rejuvenating and relaxing experience.

Reward yourself and indulge in a little bit of pampering – especially during Spa Week. You deserve it.

-- Dennis Malcolm Byron Jr.

Fresche

Two locations www.fresche.net.

Fresche (pronounced "Fresh") is one of Atlanta's premier boutique salons specializing in exceptional hair care. With a team of artists that are committed to customer service and staying on the cutting edge of style, guests are sure to be satisfied with each visit.

Fresche offers top-notch hair